

LUNCH

TUESDAY, APRIL 14, 2026

LASAGNA



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
260	760mg	17g	6g	35g	20mg	2g

sesame

PECAN CRUSTED TILAPIA



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
385	340mg	20g	25g	20g	50mg	1g

VEGETABLE LASAGNA



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	760mg	15g	14g	28g	45mg	2g

BUTTERNUT RISOTTO



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
182	270mg	5g	6g	27g	10mg	2g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

TUESDAY, APRIL 14, 2026

PORK FRITTER W/ GRAVY



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	400mg	22g	18g	12g	92mg	2g

CHICKEN GUMBO W/ RICE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
235	675mg	15g	7g	28g	25mg	2g

GREEN GOODNESS



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
180	200mg	8g	7g	21g	0mg	8g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen